



AUTISM & PSYCHIATRIC  
CARE  
LLC

## **No Surprises Act**

*Effective January 1, 2022*

The No Surprises Act is a federal law enacted as part of the Consolidated Appropriations Act of 2021. The No Surprises Act is a federal law designed to protect clients from unexpected medical bills. This law limits what you can be charged when receiving emergency services or care from out-of-network providers at in-network facilities. In these situations, you are generally responsible only for in-network cost-sharing amounts. Uninsured or self-pay clients also have the right to receive a good faith estimate of expected charges before services are provided.

## **Insurance Coverage Information**

Only your health insurance plan can explain your specific benefits, coverage, or confirm whether a provider is in-network. While our office may assist you in contacting your insurance company, it is your responsibility to verify coverage directly with your health plan. If your insurance denies payment for services, you will be responsible for the full cost of care.

If our practice is considered out-of-network with your insurance plan, a written notice is available upon request. This notice will state that the provider is out-of-network and will include a good faith estimate of the expected cost of services. The notice is provided separately from other documents you may be asked to sign and is available in paper or electronic format, as well as in additional languages upon request. You are never required to waive your protections under the No Surprises Act and may always choose to receive care from an in-network provider.

## **Questions, Concerns, and Provider Responsibilities**

When out-of-network services are provided, providers are required to notify the health insurance plan and confirm that all notice and consent requirements have been met. Our practice maintains these records for a minimum of seven (7) years in accordance with federal requirements.

If you believe you have received an incorrect bill or have questions about whether the No Surprises Act applies to you, you may contact the Compliance Department at 888-513-9976 or the Centers for Medicare & Medicaid Services (CMS) at 800-985-3059 or visit <https://www.cms.gov/nosurprises/consumers>.

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